

2022 INSIDER'S GUIDE

TORONTO STAR

Saturday, September 17, 2022

SUPPORTED FEATURE



TAKE A CAMPUS TOUR

Visit some schools and ask the right questions.

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APPLY FOR SCHOLARSHIPS

Read our experts' tips on how to make yourself stand out.

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WEIGH YOUR HOUSING OPTIONS

The pros and cons of living on campus vs. staying at home.

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GO BACK TO SCHOOL

Advance your career with programs for lifelong learners.

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How to get the most out of a campus tour

After all your research to narrow down the options, it's time to check out campuses to get a feel for whether you can see yourself learning and living there for the next few years.

Written by **Jay Menard**

One of the first major decisions a young person may face in their life is choosing where to attend post-secondary school. There are many factors that come into play: proximity to family, costs and program availability being amongst the primary influences. But visiting websites and perusing brochures can tell you only part of the story — visiting the campuses you're interested in attending can help provide more context to make your decision.

"To visit the campus physically, you get a sense of the campus," explains Jennifer Boston, past president of the Ontario School Counsellors' Association. "(It's) a way to ask questions of current students and of profs regarding programs, expectations and opportunities."

The first step is obviously to decide which campuses you want to visit. You may have a particular institution in mind, and a campus visit will be more of a validation of preconceived notions. Or, you may be considering multiple institutions, and the campus visit can help seal the deal.

You can explore campuses on your own or with a group of friends. Or, you can go a more formal route and take institution-led tours, which are often facilitated by peers.

"Most tours are completed by current students that attend that campus," Boston adds. "Afterwards, future students are given further information as to how to connect with

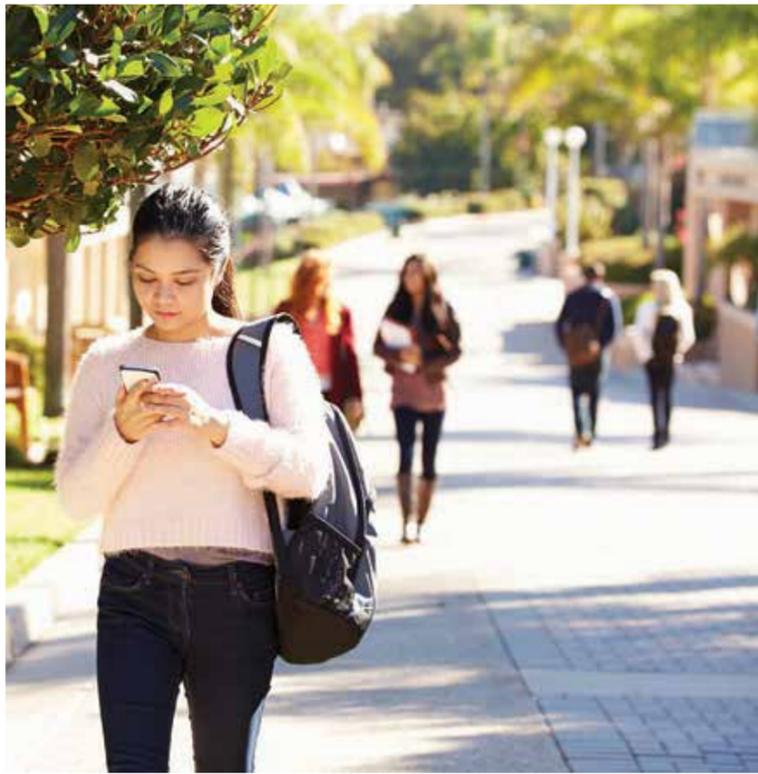
the school, if they need more information."

Connecting with current students can give you insight into the day-to-day life on campus in a way that official channels may not. Some students turn to social media sites like Reddit to learn about their institutions of choice. Many students also benefit from friends, family or acquaintances who have either attended the school in the past or are currently attending it. In addition, there are certain sites that allow you to review ratings of professors from current students to gain a better picture of those who may be leading your programs in the future.

Beyond the curriculum, Boston says that students should consider visiting residences, if they plan to live on campus, touring classrooms and exploring the support offices. And students should make sure to ask key questions, such as how to access supports, and what work-study opportunities are available.

Many post-secondary institutions offer a variety of ancillary opportunities for students, so prospective students may want to explore what's available to them to complement their educational experience. Things like intramural athletics, clubs and organizations, on-campus dining and entertainment venues, and social groups all provide added value to those looking to attend a post-secondary school and should be on the agenda for a campus tour.

And while many post-secondary in-



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stitutions serve as a community unto themselves, many are often part of a larger community. On your campus visit, it may be of interest to explore the surrounding area. Larger cities can be filled with dining, entertainment, cultural, and social opportunities of which you may have an interest as a student. Smaller communities often have a number of businesses that specifically cater to the influx of students every year. Knowing what's available to you — and understanding how to deal with the potential positives and negatives of these community offerings — can play a key role in your ultimate decision.

Your campus tour is sure to be an exciting time. And if you are visiting multiple communities and institutions, you're going to want to be sure that you capture your thoughts appropriately. Taking photos is a great start, but writing out your thoughts at the end of the day can help you better make an apples-to-apples comparison of the various institutions. Even creating a simple chart of positives and negatives, then evaluating the various schools based upon your

priorities can help add a little intellectual process into what can otherwise become a highly emotional decision.

And it's important to remember you're not alone. You can tour with friends who may be interested in attending similar institutions, you can reach out to student support networks at the post-secondary institution in question, and you can always turn to a familiar face in your high school.

"Guidance counsellors can encourage students and families to attend open houses/tours of the school, as this is the best place for future students to get the answers they are looking for," Boston says.

Ultimately, the decision is yours and various factors weigh differently for everyone. But being prepared, planning your experience, and ensuring that you're comparing variables as similarly as possible will help guide you to the right decision for the next step in your education.

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In today's ever-changing job market, lifelong education isn't a luxury — it's often a requirement to ensure your skills and knowledge are keeping pace with the speed of business and technology. Humber College's Ontario Graduate Certificates are designed to help students accelerate their career with specialized training that builds upon their previous educational experience with a focus on meeting industry needs.

"At Humber, pathways are an important part of the development of every program we launch, ensuring students have opportunities to build on what they have learned," explained Derek Stockley, associate vice-president, academic, at Humber College. "The graduate certificates are one of the best examples of how we create programs that allow students to build on their degree in a way that combines theory and practice through world-class labs, industry-focused faculty and work-integrated learning that puts you in the field."

"Our Key Performance Indicators for work-related employment within six months of graduation tell us that our graduates end up working in their field right away, and with that combination you can see why. There is a saying that you go to university to get your degree then you go to college to get a job."

According to Humber's website, more than 87 per cent of graduates from the Ontario Graduate Certificate programs are employed within six months of graduation. Humber College offers 68 Ontario Gradu-



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ate Certificates in 14 areas of interest and more than 150 pathways from graduate certificates to master's programs at partner institutions. Applicants to Ontario Graduate Certificate programs must have a bachelor's degree or an appropriate post-secondary credential, depending on the requirements of the program.

"At Humber, 90 per cent of our graduate certificate students hold a university degree. While it's not unusual for students to continue directly from their university or college program, more than half of our students are over the age of 25," Stockley added. "This includes a range of students, some of whom are coming back to college to learn more about their field of choice, while others are making decisions to start a new career and using the graduate certificate as the launch pad."

And it's not just that nearly 90 per cent of all students are employed within six months — according to a Statistics Canada study, college degree holders actually earn more than university degree holders two years after graduation. On average, college degree holders earn 12 per cent more than their university counterparts.

The COVID-19 pandemic has also had an impact on how people view education, especially as it relates to experiential learning.

"We know that the past two years have helped many students appreciate the hands-on nature of learning that institutions such as Humber excel at," he said. "While the flexibility of online delivery is something all post-secondary institutions will continue to explore, we believe that the polytechnic education we offer is best experienced in our world-class labs or engaged in capstone projects with industry partners or in the field during work-integrated learning placements."

"The Ontario Graduate Certificates have those strong linkages between industry and the classroom, bringing

learning to life and allowing students to be ready to begin their career before they graduate."

Work-integrated or experiential learning has long been a draw for students going into the collegiate ranks, whereas universities tend to excel on the theoretical. Combining the benefits of both is appealing to today's learners and can help give them a head start in their career path.

"At Humber, we believe integrating theory-to-practice is the best way to learn and prepare students for any of the 200+ programs we offer," Stockley explained. "WIL (work-integrated learning) is part of our DNA at Humber and one of the best ways to help students be prepared for their field by having them spend time in their industry. At Humber, the learning extends well beyond the classroom, and WIL allows students to put theory into action in the field."

Those interested in learning more about the Ontario Graduate Certificate programs can visit humber.ca/postgrad. Humber College also offers some tools and resources to help ensure prospective students find the right program to meet their needs and career goals.

"We have a number of ways students can learn about the right path at Humber. We have a Career Finder tool on our website at <https://humbercarefinder.com/>," Stockley said. "Interested and prospective students can also book a pre-enrolment advising appointment with one of our staff at <https://humber.ca/future-students/advice/program-advice/book-advising-appointment.html>. These sessions are available in-person or virtually."

"One of the best ways for students to experience our programs is at our Open House."

Humber will be hosting the fall Open House on Nov. 12 from 10 a.m. to 2 p.m.

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Tips to writing great scholarship applications

Writing a strong application for a scholarship can seem daunting. We asked experts from Ontario colleges and universities to weigh in on ways to make your application stand out.

Written by **Michelle Williams**

Research and plan. Familiarize yourself with scholarships, and specifically the ones where you most closely fit the criteria. Emma Dunk, who has spent more than 15 years in donor relations working with scholarship applications at Centennial College, advises that you first “research the process and take the time to lay the groundwork so you’re in the best possible position to apply.”

Apply to as many as possible. While you need to tailor each application to the scholarship, you can reuse much of the information, so it gets easier the more you do.

Be clear, concise and authentic. “We receive so many applications in a year, we’re looking for applications that

really stand out,” says Marlene Valerio, Student Awards Officer at the Advancement and Alumni office at Humber College Institute of Technology & Advanced Learning. “We look for words, phrases and stories that are unique and are a little outside the box and an expression of their true, authentic self.”

Tell YOUR story. Rather than sound bites from Oprah, Gandhi or other notables, speak your own truth — and be honest, says Dunk. “We want to know your ideas, thoughts, responses.” And be specific. “Talk about things like what you have to offer, why you decided to come to the college or university, what the scholarship will mean to you and how you can be successful because of the scholarship,” suggests Valerio.

Give yourself plenty of time. “Writing an application for an award takes

time,” reminds Shaun Cavaliere, Associate Registrar in Student Financial Services at Toronto Metropolitan University. “Rushed submissions often result in incomplete applications, typos and poorly structured essays, so start early!” Another reason to take your time is to ensure that you don’t miss any supporting documentation, adds Valerio. These documents — a cover letter, a resume, reference letters, high school transcripts — can take extra time to pull together. “Submitting that documentation is key, so allow the extra time you need to collect these documents when applying.”

It’s not just academic. Not all scholarships are dependent on high marks, and that’s key to remember when you’re applying. “Strong applications are thoughtful, and make links between personal experiences, academics,

extracurricular activities, professional undertakings and/or future goals,” says Cavaliere. “A lot of our scholarships focus on community involvement, so it’s important to include information about ways you’re involved in the community,” adds Valerio. If you’re a current student, that would include what clubs and associations you’re involved in within the college or university.

Accentuate the positive. You can talk about hardships and adversity, but focus on what positives will come out of the scholarships for you, says Dunk. “Many others are facing hardships, but focus on how you would use this scholarship to better your opportunities.”

Choose the right references. “When it comes to reference letters, stronger letters come from those who know the applicant and can comment on their academics, extracurricular involvement, work or a combination thereof,” says Cavaliere. Additionally, Cavaliere reminds applicants to give their references information on the scholarship so that their letters can be tailored accordingly. And be sure you first inform references before you share their contact details.

Make sure you do apply. Unfortunately, many students don’t think they’re going to be successful, so they don’t even take the time to apply. There are so many scholarships that are unclaimed, and so much money that’s left on the table, says Kristina Dyal, Financial Aid Officer in the Office of the Registrar at Humber College. “Don’t think someone else is more worthy than you are,” says Dunk. “It’s a great return on investment if you apply and are rewarded with scholarship money for your effort and time.” And, if you applied in year one but didn’t receive a scholarship, don’t give up. “Students get discouraged because they think they may not be accepted if they didn’t receive a scholarship in year one. But that’s not the case, so you shouldn’t give up. Make sure you go in and submit scholarship applications every academic year,” says Valerio.

Leave no stone unturned. Don’t stop with scholarships available through your university or college. “In our financial aid workshops, we explore other avenues of funding for students,” says Dyal. “For example, check to see what scholarships might be available through your work or your parents’ work. There are many employee scholarship programs out there.”

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Live at home or on campus?

The social, academic and financial factors first-year post-secondary students should consider.



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Written by **Liz Bruckner**

For Brianna Budgell, a first-year student attending the Mohawk/McMaster collaborative program for nursing in September, the decision to live at home while pursuing her post-secondary education boiled down to one main factor: finances.

“Some of my decision also had to do with wanting to be close to family, friends and my job, but it was mainly about money,” says the Brantford-based student. “By living at home, I have the opportunity to save money on rent, food, furniture, utilities, etcetera. Being close to my support system and having easy access to help from my family and friends also makes it a great option for me.”

Of course, the decision to live off campus also comes with a cost. Namely, a social one.

According to Maureen Adamson, president of Fleming College in Peterborough, Ont., two of the most significant drawbacks commuting students are likely to experience include diffi-

culty forging robust social bonds with their peers, and difficulty building the same level of post-graduate comradery when compared to their on-campus counterparts.

What’s more, says Yuko Sorano, director of student affairs for Toronto-based York University, the decision to live at home can mean that a student isn’t able to enjoy the campus experience to the fullest beyond their academic pursuits, or to take in the valuable experiences that happen outside the classrooms.

So, how can students choose the post-secondary living arrangement that will best suit their individual needs? Taking the time to proactively consider the benefits and drawbacks of staying on or off campus can help.

Campus housing pro: Choosing to live on-site ensures that students can join clubs, organize and/or attend events and workshops, study in the library, and make use of a host of other school resources and facilities, which serves to enhance their academic experience, says Sorano. “Our team of Residence Life staff also provides ad-

ditional programming to students in residence to ensure they feel supported academically and beyond.”

Home housing pro: Along with the short- and long-term financial benefits reaped by choosing to live at home, students are also more likely to have their own room, which means more space, privacy and opportunities for recharging, which can also be highly conducive for studying and sleeping. It also ensures that potential roommate tensions are avoided.

Campus housing pro: Convenience is key with meal plans, student support services, sports and wellness options, financial certitude, and more. And because students live in close proximity to the school, they’ll benefit from regular physical activity in getting to and from the building, a reduced need for a vehicle, and the opportunity to roll out of bed shortly before classes begin.

Home housing pro: Because post-secondary institutions make it their mission to serve as a welcoming haven to their students, those living off-site can easily immerse themselves in the

campus experience by participating in varied support programs and extracurriculars.

At Fleming, Adamson says staff are always available to provide advice and support, and their student associations take pride in the many robust services offered to students throughout their journey. From onboarding and orientation activities to ongoing events, services and opportunities that help integrate students both socially and academically, the school is committed to scholar success.

At York, Sorano says there’s a decided focus on making the academic experience as enriching as possible, with a focus on first-year orientation-related activities and making the transition from high school to university as smooth as possible. “We’re also dedicated to providing support to meet the needs of specific groups, including international students and students in residence. We make a point of regularly assessing our work by listening to students and adapting as needed.”

Campus housing pro: Along with a wide variety of social benefits, studies show that students who live in residence often have higher completion rates and stay connected with their peers following graduation, says Adamson.

The bottom line: Whether living on or off campus, to maximize their post-secondary experience, it’s vital that students integrate themselves on campus as much as possible.

“University isn’t simply a place to take courses and get a degree,” says Sorano. “Many students who commute make it a priority to participate in club and other campus activities, and we encourage all students to be as involved as their schedules allow.”

Adamson agrees and says achieving post-secondary success involves social and academic involvement. “Regardless of their living arrangements, students who engage with the student associations, their peers, their professors and school staff, as well as in clubs and events hosted at school, will see that these integrations are the key to success.”

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Schools navigating a new normal when it comes to post-secondary student mental health

Written by Jen Traplin

This September, there is more of a sense of normalcy to the start of the school year than at any point through the pandemic, but, even still, students are experiencing a range of emotions.

For Isabel Dukes, a fourth-year industrial design student at Carleton University in Ottawa, the feelings of excitement are more prevalent than nerves, but she knows that isn't the case for some of her peers.

"Going back, I think it can be a big shock. Almost like an overload of emotions. Anyone with social anxiety is definitely going to struggle in that situation," she says.

"I think, for some people, having this sense of normalcy will increase their mental health but, for others, it will definitely deteriorate."

Evidence of that divide can be found in the latest chapter of the 2022 Canadian Student Wellbeing Study, which reveals that, while 51 per cent of students describe their overall well-being as good or very good (up six per cent from 2021), 62 per cent of students reported feeling stressed every day because of their school work, and 40 per cent have seriously considered dropping out of university this year.

"We've seen an increase in anxiety and depression among post-secondary students, and we see significant levels of sort of a broader concept of psychological distress," explains Dr. Jo Henderson, director of the Margaret and Wallace McCain Centre for Child, Youth and Family Mental Health at the Centre for Addiction and Mental Health (CAMH) and executive director of Youth Wellness Hubs Ontario.

"The levels of anxiety are really quite

significant. For some young people, it can really impair their day-to-day lives, for others, they are able to manage, but they have significant impacts on their quality of life."

They also point to emerging evidence surrounding an increase in concerns about body image, and eating and weight related issues that seem to have arisen in the context of the pandemic.

Colleges and universities across Ontario seemingly recognize that their institutions have an important role to

The University of Toronto recently unveiled a new approach to mental health services for its students, rolling out a more flexible, client-centric approach.

A statement from a U of T spokesperson says, "The priority has been to build an easy access system with a stepped-care model of service delivery that emphasizes treatment over assessments (so students begin to receive help sooner), dramatically reducing wait times for mental health appointments at the university's student health

mental health concerns of his fellow students.

He's spent the last few years launching various platforms that offer some basic health and wellness support — nutritional information, mentorship, tutoring, and even real estate advice.

"It's identifying stressors and trying to alleviate them before anything comes out of it," he explains.

Musa was recently awarded the Sharon Johnston Youth Award, one of seven Champions of Mental Health awards handed out by the Canadian Alliance on Mental Illness and Mental Health (CAMIMH) for his efforts.

"As students, we are the ones who are going through what we're experiencing, so if we're not creating programs for each other, I don't know who will create programs for us," says Musa.

Student-led initiatives and input when it comes to addressing mental health challenges is a concept Dr. Henderson strongly agrees with, saying the best way for colleges and universities to approach the well-being of their students, is to listen to the students themselves.

"We have to ensure that students, especially those with a lived experience of mental health concerns, are at the table, informing the decisions that are made by post-secondary institutions," says Henderson.

"We have seen an emergence of more attention to hearing students' voices and acting on their input, but I think we still have a ways to go."

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play when it comes to providing mental health support to their students.

Schools like Western University, Algonquin College, the University of Waterloo, Laurentian University, Humber College, and Algoma University, for example, all offer varying health and wellness options for students, including in-person counselling, and peer support, most of which are accessible through those schools' websites.

and wellness centres."

The new model offers a number of resources and services, and is based on recommendations from the university's Task Force on Student Mental Health, which students themselves have played a key role in.

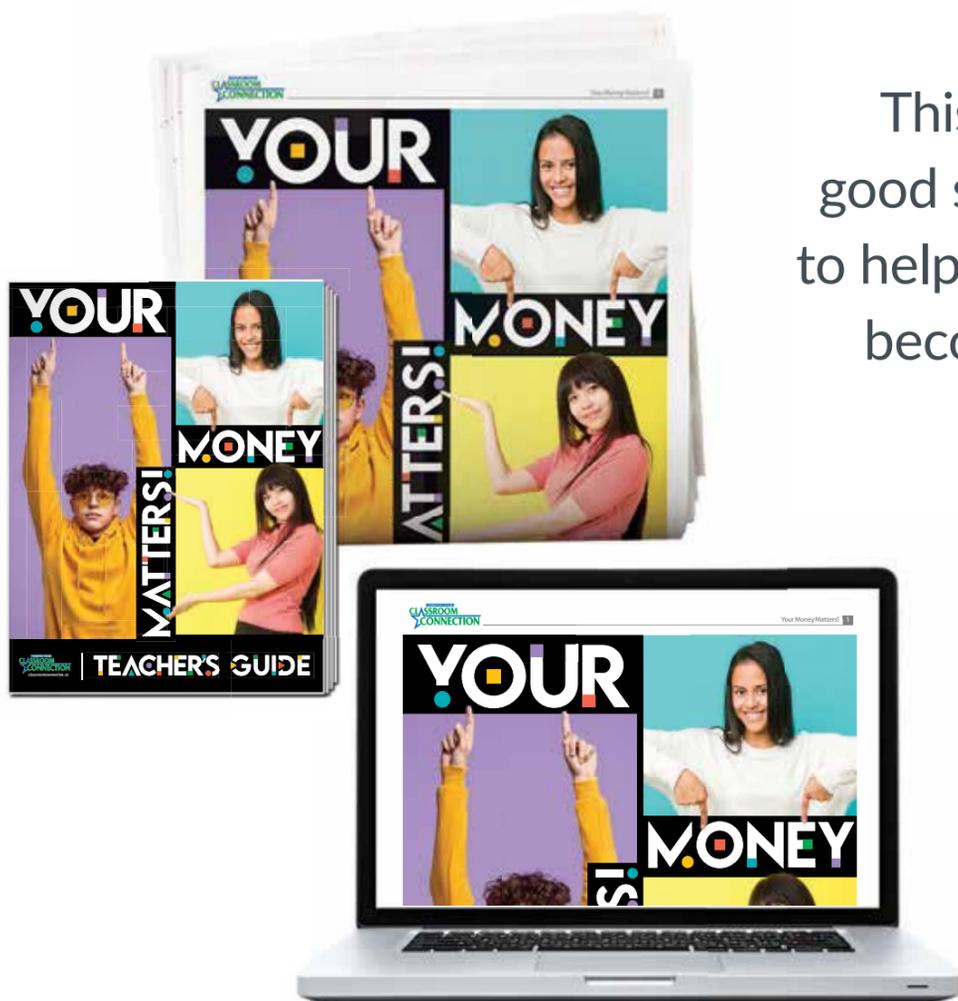
At Queen's University in Kingston, fourth-year health sciences student Ervis Musa has taken a less traditional route when it comes to addressing the



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A residence renaissance

Interest in residence living has never been higher, but has the experience itself shifted for students

Written by Liz Beddall

For Sonia Mendes of Ottawa, September has come with a full-circle experience. Accompanied by her husband Ian, the pair dropped off their daughter Elissa at Carleton University, leaving her in the same residence that the couple met and lived in as first-year students some 20 years ago.

“I really believe that students have a richer experience living on campus,” says Sonia Mendes, whose daughter will be studying journalism as her parents once did. “It’s like living in a little student city ... and you have so many more opportunities to meet people and get involved in extracurricular activities.”

Yet while living in residence has, for decades, been a monumental experience for Canadian students, its synonymy with in-person interaction has meant the rite-of-passage has taken a pummeling in the last few years.

With lower occupancy, cancelled events and government restrictions in only the recent past, has excitement around residence life been permanently put on hold?

“I believe the opposite,” says Valerie Bruce, interim director, student housing and community care at Toronto Metropolitan University. “We have seen a huge increase in interest in living in residence for this fall in comparison to the last few years.”

Bruce says she and her colleagues have heard from many students that virtual connections were a challenge in the last years and that it’s been a struggle to connect and build a community within the university.

“Students are ready and interested in building community, making connections and new relationships,” says Bruce. “Living in residence is a fantastic opportunity to get involved and



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connected within the university community.”

Irene Thompson, interim vice-provost of student affairs at the University of Guelph, adds that while interest in residence at the school has also seen an uptick, it’s important to understand that what’s changed most are the students.

“We recognize that our incoming students have missed out on many social opportunities and perhaps milestone events due to the COVID lockdowns,” says Thompson. “As a result, our students may have had fewer opportunities to build their confidence and experience looking after themselves.”

Thompson adds that there will be a need for university residence life staff to provide additional support as the students navigate through this new

world. She points to changes that have occurred for the better and will remain in place, such as virtual communities that have allowed students to feel connected and supported.

“At Guelph, we call these online communities the Gryphon’s Nest,” she says. “These platforms were highly successful during the pandemic, so they have now been extended to those students who were not able to live in residence due high application numbers or those who made a deliberate choice to live off campus.”

Christian Fotang, chair of the board of the directors for the Canadian Alliance of Student Associations, adds that further to COVID-driven shifts are recent and heartening evolutions in campus culture.

“It’s no secret that university campus-

es have had high instances of gender-based violence and sexual violence,” says Fotang. “The culture and climate in these last few years has led many provinces to look at addressing their own current sexual violence policies on campus.”

“At the national level we have organizations like Courage to Act who are working on resources and tool kits to send around the country so we have standards of care for students.”

Fotang says that as someone with a unique view to campuses across Canada, he’s perceived a universal level of excitement about residence living from students this year — the same, he says, as likely existed 10, 15 or even 20 years ago. He adds that while students are very resilient, they are also ready to create memories and ready to head back to residence.

“Residence is that all-important opportunity to make friends and to gain a new sense of independence,” says Fotang. “Walking out of your room and catching up with friends in the hall or all watching that sports game together ... these are opportunities that these students have been missing.”

For Sonia Mendes and her husband Ian, having the option to provide their daughter with same indelible experiences has left them feeling “incredibly grateful.”

“I’m genuinely excited and optimistic about all of my upcoming opportunities,” says their daughter Elissa, a first-year journalism student who is now enjoying a busy orientation week. “Living on residence in my hometown means that I can get a fresh start without having to leave my family and friends behind.”

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Education for a generation

Canada’s post-secondary schools are designing courses for today’s learner and tomorrow’s workforce



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Written by Liz Beddall

Bright-eyed and bursting with knowledge, today’s post-secondary student is yearning for an education that’s as engaging and up-to-date as a social media feed. But are Canada’s academic institutions stepping up to the plate and offering programming that matches the current climate and working world? You decide. Here are five post-secondary schools striving to do just that.

Certificate in Indigenous Law: University of Ottawa

Following an official ceremony held in August of this year, the University of Ottawa is now offering students a new certificate program in Indigenous law — the first of its kind to be taught in French in Canada. The program, offered within the Civil Law section of the university’s Faculty of Law, aims to “honour and revitalize Indigenous legal orders, provide a more respectful welcome to Indigenous learners studying law at the university, and ensure access to justice and legal education for Indigenous peoples.”

Courses will be conducted mainly by Indigenous professors while the pres-

ence of elders will be highly valued. Speakers who convey Indigenous culture will be regularly invited to encourage the oral transfer of legal knowledge.

Introduction to Humanities and Introduction to Social Sciences: Dalhousie University

Two new and required courses — designed by professors of Dalhousie’s Faculty of Arts and Social Sciences — are poised to impact the way students study (and succeed) at Dalhousie University and beyond. The double-whammy of wisdom will equip students with skills in time management, note taking and research at the outset of their studies. At the same time, it will introduce them to a range of perspectives via on-the-ground study in such areas as history, visual art and philosophy.

The offering came of a perceived need for students to conduct their own research with confidence, to welcome new perspectives and to communicate their thoughts effectively. “We want students to realize that writing good essays is not a pain. It is the vanguard against a war of misinformation and

manipulation,” says Robert Huish, associate professor and director of the Introduction to Social Sciences course.

Artificial Intelligence with Machine Learning: Humber College

Once relegated to the world of science fiction, artificial intelligence (AI) is currently boasting applications across all areas of industry. Recognizing this fact, Humber’s faculty is set to launch its Artificial Intelligence with Machine Learning graduate certificate, designed to meet an increased industry demand for workers skilled in both AI theory and developing AI application software.

The program, created by AI industry professionals and experts as program advisers, is designed to give a full spectrum of learning for developing a career in AI, from foundation to advanced application areas, project management, career development, and networking with industry.

“AI is vital to modern business, commerce, and technology environment, making it a very demanding skillset for IT professionals,” says Jonathan Kim,

associate dean of information and communications technology at Humber College’s Faculty of Applied Sciences and Technology.

Minor in Black Studies: University of Western Ontario

Offered to all students as of this fall, the University of Western Ontario’s new Minor in Black Studies program will expose learners to a range of disciplinary perspectives on Black history, culture, and heritage.

Beginning with an Intro to Black Studies course, the minor will include courses such as “Blood, Breath and the Black Body” (intended to consider some of the ways Black people have been depicted as non-human and a problem for public health) as well as “Black Girl Magic: A Study of Black Girls and Girlhood” taught by Jade Nixon.

“This course invites students who want to learn more about the lives that Black girls lead and learn from the expertise that Black girls have,” says Nixon, adding that it is believed Western is the only university in Ontario offering a course focused on Black girls.

Taylor Swift’s Literary Legacy (Taylor’s Version): Queen’s University

Created for Swifties and scholars alike, this brand-new course from Queen’s University is pushing boundaries of literary study with help from a modern-day superstar.

“Taylor Swift’s work offers many avenues to explore different literary periods, genres, and forms in a way that is aimed to be accessible for current undergraduate students,” says course instructor Meghan Burry.

“Like any literature course, this course aims to equip students with not only the ability to discuss different forms of literature from various critical lenses, but also with transferable skills for ‘the working world’ — skills like critical thinking, research, writing, and communication.”

Shining a spotlight on the songwriter’s “inspirational anthems” and examining them as literature, these timely teachings will explore Swift’s cultural impact and delve into further canonical texts alluded to throughout Taylor’s body of work.

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Yes, there's a course for that!

Canadian universities boast an impressive list of quirky classes

Written by **Jen Traplin**

From Bitcoin to hockey, wine to Kanye, there are plenty of unique courses being offered by Canadian universities this fall and winter.

No matter what your hobbies or interests are, these electives are proof that there's a little something for everyone out there.

Kanye vs. Ye: Genius By Design
Concordia University | Montreal, Que.

This fall, Montreal author, rapper and professor, Yassin "Narcy" Alsalmán, will be guiding students at Concordia University through the life and times of one of the most polarizing figures in popular music today — Kanye West.

Kanye vs. Ye: Genius by Design is a first of its kind in Canada. According to the course description, students will dissect Kanye's art, design, music, celebrity-life, and cultural impacts in the age of information.

When announcing the new course via social media earlier this year, Alsalmán wrote, "This class isn't only about Kanye. It's about community, creativity, responsibility, accountability, fame and mental health, dreams and night-

mares — and, more importantly, self-actualization."

Alsalmán says he plans to follow up Kanye vs. Ye: Genius by Design with a course on Kendrick Lamar in the winter.

Sociology of Hockey in Canada
University of Regina | Regina, Sask.

Whether you love it or hate it, if you grew up in Canada, chances are you have some sort of personal connection to the sport of hockey.

Through the course Sociology of Hockey in Canada, students do a deep dive into this beloved pastime — not just the sport itself, but also the relationships between hockey and social inequality, the economy, violence, and Canadian nationalism.

Given the recent scandals surrounding Hockey Canada and two past world junior teams, this course could not be more topical or relevant in today's climate.

Gangsters, Goodfellas and Wiseguys: North American Perspectives of Organized Crime
Wilfrid Laurier University | Waterloo, Ont.

Fans of "The Godfather," "Goodfellas," "The Sopranos" and/or "Casino" will surely be into this course, offered by Wilfrid Laurier University.

Gangsters, Goodfellas and Wiseguys: North American Perspectives of Organized Crime explores the history, criminal activities, trends and patterns of organized crime here in Canada and the United States.

Students will also learn about the hierarchy of crime families and their rules through topics like the infamous Five Families of New York City and Al Capone's Chicago Outfit, as well as the experience of organized crime in cities like Montreal, Las Vegas, Philadelphia and Boston.

Gal Pals: Women and Friendship
University of Windsor | Windsor, Ont.

If you google "women's friendships," you will be met with dozens of articles dissecting the importance of female friendships. For those wishing to explore those relationships a bit more, the University of Windsor's Women and Gender Studies program has the course for you.

The University describes Gal Pals: Women and Friendship as one of the

most popular courses on campus. Through this class, students explore topics like the meaning of friendship for women, how women's friendships have been portrayed in literature and film, and the link between friendship and social activism for women, among others.

This course is offered both in-person and online.

Introduction to Wine Science
University of British Columbia | Vancouver, B.C.

Take your love of wine to the next level with the Introduction to Wine Science course offered by the University of British Columbia.

This class teaches the principles of cultivating and harvesting grapes, the science of making wine, as well as the marketing, regulation and classification of wines from popular regions around the world.

Students will also have the chance to study the social, economic and health aspects of wine consumption; all while continuing to foster their appreciation for wine (plus, how much fun would homework be for this course?!).

In order to register for Introduction to Wine Science, you must be 19 years of age or older by the first day of class.

Blockchain: Risk Management
Toronto Metropolitan University | Toronto, Ont.

This online course offered by Toronto Metropolitan University (formerly Ryerson) examines some of the biggest technology buzzwords of 2022 — blockchain, cryptocurrency, Ethereum, and Bitcoin.

Celebrities like Elon Musk, Matt Damon, Tom Brady, Snoop Dogg, Gwyneth Paltrow, Mike Tyson, and Mark Cuban have endorsed cryptocurrencies over the past few years, to varying degrees of acceptance and backlash.

Students enrolled in Blockchain: Risk Management will study the legal, governance, risk and compliance (GRC) issues surrounding blockchain, smart contracts, and cryptocurrency technologies in order to better understand their underlying foundations, and critically analyze these popular new technologies.

This content was funded but not approved by the advertiser.

SUPPORTED CONTENT

Digital and virtual programs are removing barriers to lifelong learning

The number of students enrolled in university continuing education programs in Ontario has increased by one-third over the last four years.

Written by **Jay Menard**

The world is a rapidly changing place. New technologies and businesses emerge every day, and with them comes the need to ensure one's skill set remains current. As a result, many adults have embraced the concept of going back to school — and higher education is adapting to meet the needs of these students, not only in the form of programs offered but even in the way they're delivered.

"Lifelong learning as a concept in the university system took shape in part as programming geared towards adult learners that can be completed in months, weeks or even days," says Sean Woodhead, president, Ontario Council for University Lifelong Learning. "Most students who take a continuing education program or course at a university have a specific vocational need we can help them solve. The demand for this form of education is growing. In the last four years, we have seen a one-third increase in the number of students taking some form of university continuing education in Ontario. This now totals over 120,000 people per year."

As a result of COVID-19 restrictions, lifelong learners demanded different ways to access content. With the ability to attend in-person classes significantly compromised, post-secondary facilities had to adapt to meet those needs — and received support from the provincial government to do so.

"Universities had to immediately pivot to making extensive investments in their digital learning infrastructure and resources," he says. "The Ontario government also provided support with a \$70-million investment over four years into virtual learning. I have witnessed



SHUTTERSTOCK

examples at several institutions of instructors rising to the challenge: they have uncovered new and innovative ways to produce an engaging and interactive learning experience."

And those new and innovative ways have served to remove some unintentional and systemic barriers that previously restricted access to ongoing education.

"This shift has removed geographic barriers to education. It also makes access to learning more manageable for those with numerous work and family responsibilities," Woodhead says. "This experience has afforded us the opportunity to celebrate what has worked in this transformation, and what elements of the on-campus experience we need to protect and provide for those it will serve."

With the need to continually train and upskill adults across a variety of subjects and careers, Woodhead explains that diversity of options and delivery methods is key to the overall success of lifelong learning.

"A robust system of continuing education offerings is critical for social and economic prosperity. We know that those who continue to learn tend to

be more productive and satisfied in work and life. Likewise, a strong representation of new technologies and other modern programming is helping address an emerging skills mismatch," he says. "Quick-to-complete learning opportunities are an important component of such a system. When the Ontario government invested \$60 million to micro-credentials, this brought us to nearly 1,800 micro-credentials in the province, 1,600 of which are completable in under 12 weeks and OSAP-eligible.

"We look forward to a continued partnership with the Ontario government in supporting and leveraging continuing education as essential towards securing Ontario's prosperity through a skills development of the workforce, addressing skill shortages, and supporting economic growth."

One demand that continuing education offers is moving education away from the strictly theoretical into the more practical, experiential side of training.

"Normally, the student is either looking to reskill for movement into a new career or upskill to advance along their current career," Woodhead says. "Continuing education programming often

will have a heightened focus on application and practice in a workplace context, and experiential education is now playing a leading role in this work. Our continuing education programs are partnered with many hundreds of companies that also have a presence in Ontario."

For those interested in continuing their education, upskilling or learning a new career, Woodhead says the best thing you can do is to research your goals and needs.

"There is such an array of programs to choose from. My advice to anyone selecting their next program is for them to establish a career goal that they expect a program will help them solve and how much time they need to complete it," he says. "Spend some time reviewing the options, and pay particular attention to the program features, and what benefit is to be gained from each towards completing the career goal. Once the program is identified, then just enrol and get started."

"Life is always busy, and each year that goes by without satisfying the goal comes with an opportunity cost."

This content was funded but not approved by the advertiser.

COLLEGES

By playing a leading role in technological innovation, Ontario colleges have forged important partnerships with business, industry and communities while promoting economic prosperity.

Algonquin College

Ottawa | Pembroke | Perth
AC Online (virtual campus)
algonquincollege.com

With 200 programs of study and 20,000 full-time students, Algonquin College has four campuses: a primary campus in Ottawa, secondary campuses in Perth and Pembroke, and a virtual campus, AC Online, officially launched in early 2020. The college offers bachelor degrees, diplomas and certificates in a range of disciplines and specialties.

RESIDENCE AVAILABLE
Ottawa campus only. Private student residences available in the Pembroke community.

MEAL PLAN AVAILABLE
Ottawa campus only. Mandatory for first-time students in residence.

BURSARIES, GRANTS, SCHOLARSHIPS
See algonquincollege.com/financial-aid.

LIFELONG LEARNING
Full-time and part-time online programs.

STANDOUT PROGRAMS
Bachelor of culinary arts and food science (honours); bachelor of technology - digital health (honours); bachelor of science (building science) (honours); cyber security analysis (graduate certificate); bachelor of automation and robotics (honours).

FOR MORE INFORMATION
613-727-4723;
algonquincollege.com/ro/contact-us

Collège Boréal

Multiple locations
collegeboreal.ca

Collège Boréal is one of Ontario's two publicly funded French-language colleges of applied arts and technology. Its main campus is in Sudbury, but it serves students across the province through a total of 37 sites (including seven campuses) in 26 Ontario communities.

RESIDENCE AVAILABLE
Sudbury campus only. Some (but not all) other locations have off-campus options.

MEAL PLAN AVAILABLE
Yes, but not mandatory for students in residence.

BURSARIES, GRANTS, SCHOLARSHIPS
See boursesboreal.collegeboreal.ca.

LIFELONG LEARNING
Continuing education courses in trades, health and safety, French as a second language, and more.

STANDOUT PROGRAMS
Architectural technician; early childhood education; hairstylist; plumbing technician; veterinary technician.

FOR MORE INFORMATION
1-800-367-6673;
liaison@collegeboreal.ca

Cambrian College

Sudbury | Espanola | Little Current
cambriancollege.ca

Cambrian is northern Ontario's largest public college, with nearly 5,000 full-time students from 30 countries and over 80 programs, including satellite campuses in Espanola and Little Current. Cambrian is a recognized leader in such disciplines as Indigenous education, trades and engineering technology, and health care.

RESIDENCE AVAILABLE
Sudbury campus only.

MEAL PLAN AVAILABLE
Various meal plan card options.

BURSARIES, GRANTS, SCHOLARSHIPS
See cambriancollege.ca/apply/how-to-apply/scholarships-and-bursaries.

LIFELONG LEARNING
Hundreds of part-time certificates and micro-credentials. See cambriancollege.ca/coned.

STANDOUT PROGRAMS
Advanced care paramedic; powerline technician; game design; mining engineering technician/technology; three graduate certificate programs in analytics (business, crime and health).

FOR MORE INFORMATION
705-566-8101; 1-800-461-7145;
info@cambriancollege.ca

Canadore College

North Bay | Parry Sound
canadorecollege.com

Canadore College is a college of applied arts and technology with three campuses in North Bay — the Aviation Campus, Commerce Court and the Education Centre — as well as a relatively new campus in Parry Sound. Founded in 1967, the college has approximately 1,000 graduates each year and has more than 47,000 alumni.

RESIDENCE AVAILABLE
North Bay campus only.

MEAL PLAN AVAILABLE
Yes, but not mandatory (all residence suites have a full kitchen).

BURSARIES, GRANTS, SCHOLARSHIPS
See canadorecollege.ca/support/money

LIFELONG LEARNING
Continuing education and corporate training programs. See canadorecollege.ca/programs/continuing-education.

STANDOUT PROGRAMS
Bachelor degree - applied manufacturing technology management; business and entrepreneurship; health and human sciences (functional genomics and counselling); Indigenous studies; arts and design (digital cinematography, game design, recording engineering, post production); aviation.

FOR MORE INFORMATION
1-855-495-7915;
admissions@canadorecollege.ca

Centennial College

Toronto (5 locations) | Suzhou, China
centennialcollege.ca

With a high international student body, Centennial is one of Canada's most culturally diverse colleges. That internationalization extends to the 400-plus programs, including over 50 online full-time programs, most of which instill principles of global citizenship. Partially or fully funded international opportunities such as service-learning and applied research projects abound, while 1,000 pathways are offered worldwide.

RESIDENCE AVAILABLE
Progress campus only.

MEAL PLAN AVAILABLE
No.

BURSARIES, GRANTS, SCHOLARSHIPS
See centennialcollege.ca/financial-aid.

LIFELONG LEARNING
In-class and online part-time courses and micro-credentials. See centennialcollege.ca/about-centennial/schools/part-time-learning.

STANDOUT PROGRAMS
Artificial intelligence; cybersecurity; graphic design; office administration; restaurant operations (food and beverage management).

FOR MORE INFORMATION
416-289-5000;
myfuture@centennialcollege.ca

Conestoga College

Multiple locations
conestogac.on.ca

Conestoga is a leader in polytechnic education. The college offers career-focused education programs — from apprenticeships to diplomas and degrees to post-graduate certificates, continuing education and part-time studies. The college boasts experienced faculty, who help students gain skills in leading-edge facilities equipped to today's industry standards.

RESIDENCE AVAILABLE
One residence serves the Kitchener-Doon and Cambridge campuses.

MEAL PLAN AVAILABLE
No.

BURSARIES, GRANTS, SCHOLARSHIPS
See conestogac.on.ca/student-financial-services/awards.

LIFELONG LEARNING
In-person, online and hybrid continuing education courses, including micro-credentials. See continuing-education.conestogac.on.ca.

STANDOUT PROGRAMS
Bachelor of environmental public health (honours); bachelor of cyber engineering (new); bachelor of business administration (honours) - international business management; respiratory therapy; virtual reality production.

FOR MORE INFORMATION
519-748-5220;
askme@conestogac.on.ca

Confederation College

Multiple locations in NW Ontario
confederationcollege.ca

Confederation College is a culturally diverse community that offers education and training to an average of 7,000 combined full- and part-time students per year. With highly trained instructors, smaller class sizes and a dynamic learning environment, the college delivers practical, hands-on programs and courses in leading-edge facilities using state-of-the-art equipment and technology.

RESIDENCE AVAILABLE
Thunder Bay campus only.

MEAL PLAN AVAILABLE
Mandatory depending on the residence.

BURSARIES, GRANTS, SCHOLARSHIPS
See confederationcollege.ca/financial-aid/scholarships-bursaries-awards.

LIFELONG LEARNING
In-class, distance or online continuing education courses. See confederationcollege.ca/continuing-education.

STANDOUT PROGRAMS
Onajigawin Indigenous services; film production; medical radiation technology; forestry technician - ecosystem management; aviation - flight management.

FOR MORE INFORMATION
807-475-6110; 1-800-465-5493 (toll-free in Ontario & Manitoba);
recruitment@confederationcollege.ca

Durham College

Oshawa | Whitby
durhamcollege.ca

Through more than 140 full-time, market-driven programs, Durham College offers an innovative and transformative education at its Oshawa and Whitby campuses, providing hands-on experiential learning through co-op, field placement, applied research and more. DC also offers students access to hundreds of pathways to further their education at institutions around the world.

RESIDENCE AVAILABLE
Yes, both campuses.

MEAL PLAN AVAILABLE
Yes, for residence and non-residence students.

BURSARIES, GRANTS, SCHOLARSHIPS
See durhamcollege.ca/financial-info/financial-aid/scholarships-bursaries-and-awards.

LIFELONG LEARNING
Many options for continuing studies, such as graduate certificates, weekend delivery programs and online learning.

STANDOUT PROGRAMS
Biotechnology - advanced; cosmetic techniques and management; construction management - honours bachelor degree; law clerk advanced; mechanical technician - millwright (co-op option available).

FOR MORE INFORMATION
recruitment@durhamcollege.ca

Fanshawe College

Multiple locations
fanshawec.ca

One of Ontario's largest colleges, Fanshawe serves hundreds of thousands of people worldwide. The college offers more than 200 degree, diploma, certificate and apprenticeship programs and guarantees a signature innovative learning experience for every student.

RESIDENCE AVAILABLE
London campus only.

MEAL PLAN AVAILABLE
Mandatory depending on the residence.

BURSARIES, GRANTS, SCHOLARSHIPS
See fanshawec.ca/admission-finance/financial-aid-awards/scholarships-bursaries-and-awards.

LIFELONG LEARNING
In-class, online or blended continuing education programs. See fanshawec.ca/programs-and-courses/programs-type/part-time-studies/continuing-education.

STANDOUT PROGRAMS
Cannabis applied sciences; commercial flight and aviation leadership; educational support; fire inspection and fire safety education; remotely piloted aerial systems commercial operations.

FOR MORE INFORMATION
519-452-4430;
chat.fanshawec.ca

Fleming College

Peterborough | Lindsay | Haliburton
flemingcollege.ca

Fleming is located in the heart of central Ontario, with campuses in Peterborough, Lindsay and Haliburton. The mid-sized institution provides the ideal combination of state-of-the-art training and facilities surrounded by beautiful nature. Fleming offers more than 100 full-time programs and has more graduates working in natural resources and environmental sectors than any other college in Canada.

RESIDENCE AVAILABLE
Peterborough and Lindsay campuses.

MEAL PLAN AVAILABLE
Yes, but not mandatory for students in residence.

BURSARIES, GRANTS, SCHOLARSHIPS
See flemingcollege.ca/financial-aid/scholarships-and-bursaries.

LIFELONG LEARNING
Certificates and specializations, as well as online learning options. See flemingcollege.ca/continuing-education.

STANDOUT PROGRAMS
Biotechnology - advanced; supply chain management - global logistics; computer security and investigations; aquaculture co-op; mechatronics.

FOR MORE INFORMATION
1-866-353-6464;
askus@flemingcollege.ca

George Brown College

Toronto (3 locations)
georgebrown.ca

With three campuses in downtown Toronto, George Brown blends theory with experiential learning, applied research and entrepreneurship opportunities. All 172 full-time, career-driven programs are influenced by industry and include at least one experiential learning opportunity (excluding prep and upgrading programs), so grads are prepared to excel in emerging jobs and sectors.

RESIDENCE AVAILABLE
St. James campus only.

MEAL PLAN AVAILABLE
No.

BURSARIES, GRANTS, SCHOLARSHIPS
See georgebrown.ca/apply/financial-aid/awards-and-scholarships.

LIFELONG LEARNING
A wide range of evening, weekend, day and online continuing education courses and micro-credentials. See coned.georgebrown.ca.

STANDOUT PROGRAMS
Recreation management in gerontology; honours bachelor of food studies; electromechanical engineering technology - power and control; applied A.I. solutions development; honours bachelor of business administration (trades management).

FOR MORE INFORMATION
416-415-2000; 1-800-265-2002;
ask.george@georgebrown.ca

Georgian College

Multiple locations
georgiancollege.ca

Georgian is more than an education — it's an experience. The college offers 130-plus market-driven programs at seven campuses across central Ontario. A leader in co-operative education, it has one of the highest graduate employment rates among Ontario colleges. It is a designated changemaker college for its role in social innovation and changemaking in higher education.

RESIDENCE AVAILABLE
Barrie, Orillia and Owen Sound campuses.

MEAL PLAN AVAILABLE
Meal plan card available.

BURSARIES, GRANTS, SCHOLARSHIPS
See georgiancollege.ca/finance-and-fees/awards.

LIFELONG LEARNING
Graduate certificate programs, micro-credentials and online learning opportunities. See georgiancollege.ca/academics/part-time-studies.

STANDOUT PROGRAMS
Automotive business; artificial intelligence - architecture, design and implementation; honours bachelor of counselling psychology degree; advanced diploma in electromechanical engineering technology - mechatronics; marine studies.

FOR MORE INFORMATION
705-722-1560;
inquire@georgiancollege.ca

COLLEGES CONTINUED

Humber College

Toronto (3 locations)
humber.ca

The largest polytechnic in Canada, with more than 220 programs, 38,000 full-time students and 19,000 part-time and professional learners, Humber offers practical, hands-on training and opportunities to learn in real-world settings. Programs are career-focused and responsive to changes in competitive global job markets.

RESIDENCE AVAILABLE

Yes, at North and Lakeshore campuses.

MEAL PLAN AVAILABLE

Yes, for all students. Mandatory for students in residence.

BURSARIES, GRANTS, SCHOLARSHIPS

See humber.ca/admissions/student-fees-financial-resources/scholarships-bursaries.html

LIFELONG LEARNING

A range of part-time certificate programs, courses and workshops, and micro-credentials.

STANDOUT PROGRAMS

Bachelor of industrial design; bachelor of engineering – mechatronics; forensic identification; global business management.

FOR MORE INFORMATION

416-675-3111;
enquiry@humber.ca

La Cité

Ottawa (main campus) | Orleans | Toronto | Hawkesbury
collegelacite.ca

The largest French-language college of applied arts and technology in Ontario, La Cité prioritizes student success, offering more than 140 programs in leading-edge facilities and a learning environment focused on forward-looking experiential learning practices. In addition to its main campus in Ottawa, La Cité has a Skilled Trades Institute in Orleans, and satellite campuses in Hawkesbury and Toronto.

RESIDENCE AVAILABLE

Ottawa campus only.

MEAL PLAN AVAILABLE

No.

BURSARIES, GRANTS, SCHOLARSHIPS

See collegelacite.ca/bourses-aide-financiere.

LIFELONG LEARNING

Professional development courses and micro-certifications. See collegelacite.ca/nos-programmes.

STANDOUT PROGRAMS

Opticianry; digital media and communication; specialized bachelor of biotechnology; police foundations; social service worker.

FOR MORE INFORMATION

613-742-2483; 1-800-267-2483;
info@collegelacite.ca

Lambton College

Sarnia (2 locations)
lambtoncollege.ca

Lambton has built a solid reputation as an innovative college, particularly in applied research, technology, health, international programming, social projects, and new sectors such as the bio industry. The sole provider of post-secondary education in the Sarnia region, Lambton is committed to providing teaching and learning excellence in a broad range of program offerings.

RESIDENCE AVAILABLE

Main campus only.

MEAL PLAN AVAILABLE

Mandatory for students in residence.

BURSARIES, GRANTS, SCHOLARSHIPS

See lambtoncollege.ca/Admissions/Finacial_Aid.

LIFELONG LEARNING

Micro-credentials and part-time online learning options.

STANDOUT PROGRAMS

Pre-service firefighter education and training; power engineering technology; bachelor of science – nursing; paramedic; workplace safety and prevention.

FOR MORE INFORMATION

519-541-2403;
info@lambtoncollege.ca

Loyalist College of Applied Arts and Technology

Belleville | Bancroft
loyalistcollege.com

Located between Toronto, Ottawa and Montreal, Loyalist is a destination for students seeking a friendly, inclusive and caring academic experience. Faculty are focused on ensuring students succeed, both personally and professionally, so grads are job-ready for industry and the community.

RESIDENCE AVAILABLE

Belleville campus only.

MEAL PLAN AVAILABLE

Yes, but not mandatory for students in residence.

BURSARIES, GRANTS, SCHOLARSHIPS

See loyalistcollege.com/future-students/paying-for-college/awards-bursaries-and-scholarships.

LIFELONG LEARNING

Certificate and diploma programs, as well as corporate training.

STANDOUT PROGRAMS

Electromechanical engineering technician – mechatronics; broadcasting – television, filmmaking and digital content creation; financial technology; massage therapy; cannabis applied science.

FOR MORE INFORMATION

613-969-1913, ext. 2100;
info@loyalistcollege.com

Mohawk College

Hamilton (3 locations)
mohawkcollege.ca

Mohawk College is renowned for its innovation culture and for future-ready graduates who are prepared to make a difference in the community. Mohawk offers more than 150 full-time programs in health, technology, business, skilled trades, community services and communication arts. The college, which is committed to offering simulation-based learning through industry partners, boasts students from more than 100 countries around the world.

RESIDENCE AVAILABLE

Fennell campus only.

MEAL PLAN AVAILABLE

Mandatory for students in residence.

BURSARIES, GRANTS, SCHOLARSHIPS

See mohawkcollege.ca/financial-assistance/awards-scholarships-and-bursaries.

LIFELONG LEARNING

A broad range of continuing education programs and micro-credentials. See mohawkcollege.ca/ce.

STANDOUT PROGRAMS

Bachelor of digital health (honours); aviation technician; accessible media production; environmental technician; cardiovascular technology.

FOR MORE INFORMATION

905-575-1212; 1-844767-6871;
discover@mohawkcollege.ca

Niagara College Canada

Welland | Niagara-on-the-Lake
niagaracollege.ca

Niagara College Canada has ranked among Ontario's top colleges for student satisfaction and offers more than 130 diploma, graduate certificate, apprenticeship and bachelor's degree programs. The college offers areas of specialization in food and wine science, advanced technology, media, trades, applied health and community safety.

RESIDENCE AVAILABLE

Yes, at both campuses.

MEAL PLAN AVAILABLE

Yes, for both residence and off-campus students.

BURSARIES, GRANTS, SCHOLARSHIPS

See niagaracollege.ca/enrolmentservices/financialaid/scholarships.

LIFELONG LEARNING

Part-time programs and courses offered online. See niagaracollege.ca/parttimestudies.

STANDOUT PROGRAMS

Commercial cannabis production; practical nursing and PSW; massage therapy; advanced technology (renewable energy, photonics, mechanical engineering); Canadian Food and Wine Institute.

FOR MORE INFORMATION

905-735-2211;
niagaracollege.ca/contact

Northern College

Timmins | Moosonee | Kirkland Lake | Haileybury
northerncollege.ca

Canada's Kindest College, Northern College has four beautiful campuses in northeastern Ontario. With more than 75 programs, it offers full-time, part-time, certificate, diploma and apprenticeship options, along with hundreds of in-class, online and correspondence courses.

RESIDENCE AVAILABLE

Yes, at Timmins and Haileybury campuses.

MEAL PLAN AVAILABLE

Meal plan card options at Timmins campus.

BURSARIES, GRANTS, SCHOLARSHIPS

See northerncollege.ca/students/bursaries.

LIFELONG LEARNING

Alternative and flexible learning options, as well as micro-credentials. See northerncollege.ca/continuing.

STANDOUT PROGRAMS

Century-old establishment of Haileybury School of Mines, recognized across the world; companion animal physical rehabilitation; wildlife rehabilitation; globally recognized welding fitter program delivered in three semesters.

FOR MORE INFORMATION

705-235-3211;
admissions@northern.on.ca

St. Clair College

Windsor (2 locations) | Chatham
stclaircollege.ca

St. Clair offers 120-plus full-time programs—all include work-integrated learning—taught by leading industry professionals, with a focus on business and IT, health sciences, skilled trades and media arts. Expect smaller class sizes, state-of-the-art facilities like the Centre for Applied Health Sciences and a new sports park, and numerous academic pathways.

RESIDENCE AVAILABLE

Yes, in both Windsor and Chatham.

MEAL PLAN AVAILABLE

No.

BURSARIES, GRANTS, SCHOLARSHIPS

See stclaircollege.ca/financial-aid.

LIFELONG LEARNING

Continuing education certificate programs as well as corporate and professional training. See stclaircollege.ca/con-ed.

STANDOUT PROGRAMS

Biomedical engineering technology – equipment and devices; electromechanical engineering technician – robotics; esports administration and entrepreneurship; diagnostic medical sonography; child and youth care.

FOR MORE INFORMATION

519-966-1656;
info@stclaircollege.ca

St. Lawrence College

Kingston | Cornwall | Brockville
stlawrencecollege.ca

St. Lawrence College offers more than 100 full-time programs on its three campuses. Most full-time programs start in September; however, you may also start in several of its programs in January, February and May. The school offers more than 900 online courses, online full-time diploma programs, and many continuing education programs.

RESIDENCE AVAILABLE

Yes, at all campuses.

MEAL PLAN AVAILABLE

Meal plan card available to all students. Mandatory with Kingston residence.

BURSARIES, GRANTS, SCHOLARSHIPS

See stlawrencecollege.ca/fees/bursaries-and-scholarships.

LIFELONG LEARNING

Graduate certificates and micro-credentials. See stlawrencecollege.ca/learn/slc-plus/certificates-diplomas-and-microcredentials.

STANDOUT PROGRAMS

Bachelor of science in nursing; honours bachelor of behavioural psychology; energy systems engineering technology; wind turbine technician; music and digital media.

FOR MORE INFORMATION

1-800-463-0752;
ask@sl.on.ca

Sault College

Sault Ste. Marie | Toronto | Brampton
saultcollege.ca

Sault has a proud history that spans more than five decades. It has grown vastly over the years, adding programs in all disciplines, including business, community services, health, the arts and engineering. Committed to diversity and advancements in learning, Sault offers an amazing student experience.

RESIDENCE AVAILABLE

Yes, at the main campus.

MEAL PLAN AVAILABLE

Yes, but not mandatory.

BURSARIES, GRANTS, SCHOLARSHIPS

See saultcollege.ca/applying/financial-aid/scholarships-bursaries.

LIFELONG LEARNING

A variety of part-time certificate, professional development and general interest courses. See saultcollege.ca/programs/continuing-education.

STANDOUT PROGRAMS

Bachelor of engineering – mechatronics (partnership with Humber College); aviation technology – flight; School of Natural Environment; collaborative bachelor of science in nursing; global business management (graduate certificate).

FOR MORE INFORMATION

1-800-461-2260

Seneca College

Multiple locations across the GTA
senecacollege.ca

Combining rigorous academics with practical training across a huge range of careers and professions, Seneca has deep connections to industry and offers thousands of co-op and work placements to ensure graduates are job-ready. With more than 300 full-time, part-time and online programs, Seneca has 35,000 full-time students at several campuses across the Greater Toronto Area and an aviation school in Peterborough.

RESIDENCE AVAILABLE

King City and Newnham campuses only.

MEAL PLAN AVAILABLE

Various meal plan card options.

BURSARIES, GRANTS, SCHOLARSHIPS

See senecacollege.ca/registrar/paying-for-your-studies/awards.html.

LIFELONG LEARNING

A range of part-time study options, including graduate certificate programs and micro-credentials.

STANDOUT PROGRAMS

Bachelor of aviation technology; 3D animation; interactive media design; business management—entrepreneurship and innovation.

FOR MORE INFORMATION

647-371-1636;
student.recruitment@senecacollege.ca

Sheridan College

Brampton | Mississauga | Oakville
sheridancollege.ca

Specializing in technology, health and arts, Sheridan offers a range of degree, diploma and certificate programs as well as trades and apprenticeship training. Sheridan is best known for its animation program.

RESIDENCE AVAILABLE

At the Davis and Trafalgar campuses.

MEAL PLAN AVAILABLE

Meal plan card options.

BURSARIES, GRANTS, SCHOLARSHIPS

See sheridancollege.ca/admissions/financial-aid-and-awards/awards-and-scholarships.

LIFELONG LEARNING

Graduate certificate programs, professional studies and micro-credentials. See caps.sheridancollege.ca.

STANDOUT PROGRAMS

Bachelor of animation (honours); bachelor of game design (honours); digital creature animation – technical direction; bachelor of applied health sciences – athletic therapy (honours); bachelor of creative writing and publishing (honours).

FOR MORE INFORMATION

905-845-9430 (Option 4);
infosheridan@sheridancollege.ca

UNIVERSITIES

By building strong communities, driving economic growth and educating future leaders, Ontario's universities are recognized globally as thought leaders in post-secondary education.

Algoma University

Sault Ste. Marie | Brampton | Timmins
algomau.ca

Thanks to growing campuses in both Sault Ste. Marie and Brampton, students at Algoma have access to endless opportunities inside and outside the classroom. Algoma's special mission to cultivate cross-cultural learning enables students to benefit from rich one-on-one interactions with faculty, experiential learning and undergraduate research opportunities.

RESIDENCE AVAILABLE
 Sault Ste. Marie campus only. Students at Timmins campus may get residence through Northern College.

MEAL PLAN AVAILABLE
 Mandatory for first-year students in residence. Flex plan available for commuter students.

BURSARIES, GRANTS, SCHOLARSHIPS
 See algomau.ca/students/awards-scholarships.

LIFELONG LEARNING
 Graduate certificates; see algomau.ca/academics/certificates.

STANDOUT PROGRAMS
 Business administration; environmental science; computer science; biology.

FOR MORE INFORMATION
 1-888-254-6628;
info@algomau.ca

Brock University

St. Catharines
brocku.ca

Located in Ontario's scenic Niagara Region, in a UNESCO Biosphere Reserve, and featuring the Cairns' Family Health and Bioscience Research Complex and the Marilyn I. Walker School of Fine and Performing Arts, Brock has been ranked as one of Canada's top three universities for student satisfaction. Offering 120 degree programs across seven faculties, Brock also prioritizes experiential learning and co-ops.

RESIDENCE AVAILABLE
 Yes.
MEAL PLAN AVAILABLE
 Mandatory for students in residence. Badger Meal Plan and Flex Dollars available for commuter students.

BURSARIES, GRANTS, SCHOLARSHIPS
 See brocku.ca/safa/awards-and-bursaries.

LIFELONG LEARNING
 A wide range of continuing and professional programs with flexible learning opportunities. See brocku.ca/continuing-education.

STANDOUT PROGRAMS
 Nursing; sport management; game design/programming; Goodman School of Business's international double degree; concurrent education.

FOR MORE INFORMATION
 905-688-5550;
futurestudent@brocku.ca

Carleton University

Ottawa
admissions.carleton.ca

Located in beautiful Ottawa, Carleton University provides an excellent education to over 31,000 students. Co-ops, internships and practicum placements are available in many of its programs, allowing students to gain experience in some of the numerous medical, clinical and life sciences research centres in the region.

RESIDENCE AVAILABLE
 Yes.
MEAL PLAN AVAILABLE
 Mandatory for first-year students in residence.

BURSARIES, GRANTS, SCHOLARSHIPS
 See admissions.carleton.ca/scholarships.

LIFELONG LEARNING
 A variety of certificate and diploma programs. See admissions.carleton.ca/certificates.

STANDOUT PROGRAMS
 Commerce/international business; engineering; health sciences; journalism; public affairs and policy management.

FOR MORE INFORMATION
 1-888-354-4414;
liaison@carleton.ca

Lakehead University

Thunder Bay | Orillia |
 Barrie (Lakehead-Georgian Partnership)
lakeheadu.ca

At its two campuses — in Thunder Bay and Orillia — Lakehead University's more than 8,500 students study from a comprehensive range of undergraduate and graduate programs, alongside acclaimed faculty. Lakehead is also home to the Bora Laskin Faculty of Law and is the western campus of the Northern Ontario School of Medicine.

RESIDENCE AVAILABLE
 At Thunder Bay and Orillia campuses.
MEAL PLAN AVAILABLE
 Mandatory for students in dorm residences.

BURSARIES, GRANTS, SCHOLARSHIPS
 See lakeheadu.ca/admissions/scholarships-awards-loans.

LIFELONG LEARNING
 Professional development for educators. Single courses of interest.

STANDOUT PROGRAMS
 Outdoor recreation; criminology; engineering (option for a combined MBA); computer science (co-op option); biology with concentration in neuroscience.

FOR MORE INFORMATION
 1-800-465-3959;
admissions@lakeheadu.ca

Laurentian University

Sudbury
laurentian.ca

Laurentian University offers smaller class sizes, and its focus on applied learning provides students with an opportunity to conduct research alongside professors of international renown. Students learn in a bilingual environment and benefit from Indigenous knowledge and cultures while being surrounded by peers from around the globe.

RESIDENCE AVAILABLE
 Yes.
MEAL PLAN AVAILABLE
 Mandatory for students in residence.

BURSARIES, GRANTS, SCHOLARSHIPS
 See laurentian.ca/fees-financing/scholarships-bursaries.

LIFELONG LEARNING
 N/A

STANDOUT PROGRAMS
 Architecture (English/bilingual); orthophonie (French); concurrent education and education consécutif/concomitant (English/French); nursing (English/French); sports administration (English).

FOR MORE INFORMATION
 1-800-461-4030

McMaster University

Hamilton | Burlington |
 St. Catharines | Waterloo
mcmaster.ca

McMaster is a medical-doctoral, research-intensive university, home to more than 70 research centres, and renowned for its faculty of health sciences and medical school, in particular. It is recognized for pioneering a self-directed learning approach (the McMaster model), adopted by universities worldwide.

RESIDENCE AVAILABLE
 Hamilton campus.
MEAL PLAN AVAILABLE
 Mandatory for students in residence.

BURSARIES, GRANTS, SCHOLARSHIPS
 See registrar.mcmaster.ca/aid-awards.

LIFELONG LEARNING
 A range of certificates, micro-credentials and professional development programs. See continuing.mcmaster.ca.

STANDOUT PROGRAMS
 Integrated biomedical engineering and health sciences; Indigenous studies program; medicine; arts and science program; integrated business and humanities.

FOR MORE INFORMATION
 905-525-9140

Nipissing University

North Bay
nipissingu.ca

Primarily an undergraduate university with a reputation for excellence in teacher education, arts, science and professional programs, Nipissing is proportionally the most nursing-intensive university in Ontario, with four nursing programs. It consistently ranks high in student support and experience.

RESIDENCE AVAILABLE
 Yes.
MEAL PLAN AVAILABLE
 Available but not mandatory; residences have kitchens.

BURSARIES, GRANTS, SCHOLARSHIPS
 See nipissingu.ca/departments/student-financial-services/student-awards-and-financial-aid.

LIFELONG LEARNING
 Micro-credentials, professional development and "leisure learning." See nipissingu.ca/academics/extended-learning/learning-opportunities.

STANDOUT PROGRAMS
 Data science; Indigenous studies; nursing; education; business.

FOR MORE INFORMATION
 705-474-3450;
nuinfo@nipissingu.ca

OCAD University

Toronto
ocadu.ca

OCAD U is Canada's largest university for art, design and digital media. Students learn how to use their creativity for today's challenges. Alongside a team of talented instructors and creative peers, students gain employable skills that will help them get paid doing what they love while driving Canada's creative economy.

RESIDENCE AVAILABLE
 No.
MEAL PLAN AVAILABLE
 No.

BURSARIES, GRANTS, SCHOLARSHIPS
 See admissions.ocadu.ca/afford/funding-options.

LIFELONG LEARNING
 Certificates and micro-credentials. See continuingstudies.ocadu.ca.

STANDOUT PROGRAMS
 Digital futures; creative writing; advertising; Indigenous visual culture; design for health (graduate program).

FOR MORE INFORMATION
admissions@ocadu.ca;
ocadu.ca/admissions

Ontario Tech University

Oshawa (2 locations)
ontariotechu.ca

Ontario Tech University's innovative undergraduate and graduate programs are created to meet students' interests and career aspirations. Students work in a wide range of programs, including automotive design and engineering, business and information technology, and nuclear engineering.

RESIDENCE AVAILABLE
 North Oshawa campus only.
MEAL PLAN AVAILABLE
 Mandatory or optional, depending on the residence.

BURSARIES, GRANTS, SCHOLARSHIPS
 See safa.ontariotechu.ca/awards-bursaries-and-scholarships.

LIFELONG LEARNING
 A range of certificate and professional development programs. See ontariotechu.ca/continuouslearning.

STANDOUT PROGRAMS
 Integrated mathematics and computer science (BSc); public health (BHSc); technology management (BComm or BIT); mechatronics engineering (BEng); psychtronics in affective science and mental health (BA or BSc).

FOR MORE INFORMATION
 905-721-8668;
connect@ontariotechu.ca

Queen's University

Kingston | East Sussex, England
queensu.ca

Known for its exceptional school spirit, student experience and network of alumni, Queen's offers a full spectrum of programs. Its research-intensive environment and interdisciplinary program offerings provide students with the skills required in today's competitive and evolving workforce. The picturesque campus is home to several libraries and arts facilities.

RESIDENCE AVAILABLE
 Yes.
MEAL PLAN AVAILABLE
 Mandatory for students in residence. Various options for commuter students.

BURSARIES, GRANTS, SCHOLARSHIPS
 See queensu.ca/registrar/financial-aid/application-required/current-students/scholarships-awards.

LIFELONG LEARNING
 N/A.
STANDOUT PROGRAMS
 Bachelor of science in engineering; bachelor of nursing science; environmental studies; certificate in law.

FOR MORE INFORMATION
 613-533-6000;
admission@queensu.ca

Toronto Metropolitan University

Toronto
torontomu.ca

The most applied-to Ontario university relative to space, Toronto Metropolitan University (formerly known as Ryerson University) is a leader in providing an entrepreneurial, career-driven education. Experiential learning is embedded in 95 per cent of its 100-plus undergraduate and graduate programs. Dedicated to creating a culture of action, TMU has 10 on-campus "learning zones" (incubators), and an innovative law school.

RESIDENCE AVAILABLE
 Yes.
MEAL PLAN AVAILABLE
 Mandatory depending on the residence. Options for commuter students.

BURSARIES, GRANTS, SCHOLARSHIPS
 See torontomu.ca/student-financial-assistance/scholarships-bursaries.

LIFELONG LEARNING
 A wide range of graduate certificate and professional designation and accreditation programs offered through The Chang School. See continuing.torontomu.ca.

STANDOUT PROGRAMS
 BFA in professional music; esports production; Ryerson School of Journalism's Reporting on Race (Black communities in the media); Lincoln Alexander School of Law.

FOR MORE INFORMATION
 416-979-5000

Trent University

Peterborough | Oshawa
trentu.ca

Trent University was founded on the ideal of interactive learning that is personal, purposeful and transformative. As a leading arts and sciences university focused primarily on undergraduate education and research, Trent is known for its environmental sciences, nursing, forensics, education, Indigenous studies and business programs.

RESIDENCE AVAILABLE
 Yes, both campuses.
MEAL PLAN AVAILABLE
 Mandatory for students in residence.

BURSARIES, GRANTS, SCHOLARSHIPS
 See trentu.ca/studentfinances/scholarships-awards-bursaries.

LIFELONG LEARNING
 See trentu.ca/continuingeducation.

STANDOUT PROGRAMS
 Climate science and policy BSc; health and human behaviour BSc; logistics and supply chain management BA; forensic science BScF; medical professional stream BA or BSc.

FOR MORE INFORMATION
 1-888-739-8885;
discovertrent@trentu.ca

UNIVERSITIES CONTINUED

University of Guelph

Guelph | Ridgetown
uoguelph.ca

The University of Guelph is one of Canada's top comprehensive and research-intensive universities. Recognized as Canada's food university and known for excellence and innovation across the physical and life sciences, engineering, business, arts, social sciences, and agricultural and veterinary sciences, UofG is committed to improving life through education, innovation and exploration.

RESIDENCE AVAILABLE

Yes, at both the main campus and Ridgetown.

MEAL PLAN AVAILABLE

Mandatory depending on the residence.

BURSARIES, GRANTS, SCHOLARSHIPS

See uoguelph.ca/registrar/studentfinance/scholarships/index.

LIFELONG LEARNING

Certificate and diploma programs offered through OpenEd. See opened.uoguelph.ca/student-resources/continuing-education.

STANDOUT PROGRAMS

One Health; cybersecurity; Indigenous environmental science and practice; creative writing; sports and event management.

FOR MORE INFORMATION

519-824-4120; admission@uoguelph.ca

University of Guelph-Humber

Toronto
guelphhumber.ca/futurestudents

An Ontario first, the University of Guelph-Humber is a collaboration between the University of Guelph and Humber College ITAL. Students in all seven undergrad programs (which include work placement) concurrently earn a university honours degree and college diploma in four years of full-time study, in one Toronto location.

RESIDENCE AVAILABLE

Yes.

MEAL PLAN AVAILABLE

Mandatory for students in residence.

BURSARIES, GRANTS, SCHOLARSHIPS

See guelphhumber.ca/futurestudents/funding/entrance-scholarships.

LIFELONG LEARNING

N/A.

STANDOUT PROGRAMS

Business; community social services; early childhood studies; justice studies; kinesiology; media and communication studies; psychology.

FOR MORE INFORMATION

416-798-1331, ext. 6056; futurestudent@guelphhumber.ca

Université de Hearst

Hearst | Kapuskasing | Timmins
uhearst.ca

Université de Hearst offers undergraduate programs in French on three campuses in northeastern Ontario. Once affiliated with Laurentian University, Université de Hearst was rechartered as an independent institution in 2022.

RESIDENCE AVAILABLE

At Hearst and Timmins campuses.

MEAL PLAN AVAILABLE

No.

BURSARIES, GRANTS, SCHOLARSHIPS

See uhearst.ca/bourses.

LIFELONG LEARNING

N/A.

STANDOUT PROGRAMS

Business administration and management - commercial and administrative French; study of human and social issues - northern Ontario.

FOR MORE INFORMATION

705-372-1781

Université de l'Ontario français

Toronto
uontario.ca

The Université de l'Ontario français was the first standalone francophone university to open in Ontario. Located in downtown Toronto, UOF offers a unique, transdisciplinary student experience through its academic programs and active teaching approaches.

RESIDENCE AVAILABLE

No.

MEAL PLAN AVAILABLE

No.

BURSARIES, GRANTS, SCHOLARSHIPS

See uontario.ca/programmes-et-admissions/admission/bourses-et-aide-financiere.

LIFELONG LEARNING

Certificates and micro-credentials. See uontario.ca/programmes-et-admissions/microprogrammes-universitaires.

STANDOUT PROGRAMS

Bachelor's degree in digital culture studies; bachelor's degree in economics and social innovation; Tlich culture and language awareness.

FOR MORE INFORMATION

Text via WhatsApp at 437-747-6958; uontario.ca/nous-joindre

University of Ottawa

Ottawa
uottawa.ca

The University of Ottawa is home to over 50,000 students, faculty and staff who live, work and study in both French and English. One of Canada's top 10 research universities and ranked among the top 200 universities in the world, uOttawa is renowned for its world-class education, academic excellence and flexible learning approach.

RESIDENCE AVAILABLE

Yes.

MEAL PLAN AVAILABLE

Mandatory in some residences.

BURSARIES, GRANTS, SCHOLARSHIPS

See uottawa.ca/financial-aid-awards/scholarships-and-bursaries.

LIFELONG LEARNING

The Professional Development Institute offers certificate programs and group training. See pdinstitute.uottawa.ca

STANDOUT PROGRAMS

French immersion study (offered in 86 programs); software engineering; integrated food sciences (includes a practicum); uOGlobal recognition; master of science in environmental sustainability.

FOR MORE INFORMATION

613-562-5315; 1-877-868-8292; admissions@uOttawa.ca

University of Toronto

Toronto | Mississauga | Scarborough
utoronto.ca

Ranked among the world's best universities, UofT is Canada's leader in research and teaching. Students choose from more than 700 established and emerging undergraduate and 200 graduate programs while enjoying worldwide industry partnerships and research collaborations. With 1,100-plus student organizations, there are countless ways to pursue your passions.

RESIDENCE AVAILABLE

Yes, at all three campuses.

MEAL PLAN AVAILABLE

Mandatory for certain residences. Options for commuter students.

BURSARIES, GRANTS, SCHOLARSHIPS

See future.utoronto.ca/finances/awards.

LIFELONG LEARNING

Hundreds of in-class, online and hybrid courses and certificates at the School of Continuing Studies. See learn.utoronto.ca.

STANDOUT PROGRAMS

Machine intelligence; quantitative biology; psychology and English (double degree); industrial relations and human resources; forensic science.

FOR MORE INFORMATION

416-978-2190; admissions@utoronto.ca

University of Waterloo

Multiple locations
uwaterloo.ca

Waterloo delivers world-changing research, teaching and experiential learning. Students are uniquely positioned to adapt to an uncertain future, studying anything from artificial intelligence to social progress. Its industry partnerships, focus on real-world solutions, and spirit of entrepreneurship are why Waterloo is known as Canada's innovation university.

RESIDENCE AVAILABLE

Yes, on the main campus.

MEAL PLAN AVAILABLE

Mandatory in traditional-style residences.

BURSARIES, GRANTS, SCHOLARSHIPS

See uwaterloo.ca/future-students/financing/scholarships.

LIFELONG LEARNING

Part-time and online courses. See uwaterloo.ca/extended-learning.

STANDOUT PROGRAMS

Sustainability and financial management; climate and environmental change; science and business; therapeutic recreation; nanotechnology engineering.

FOR MORE INFORMATION

519-888-4567; askus@uwaterloo.ca

University of Windsor

Windsor
uwindsor.ca

The University of Windsor is a comprehensive, student-focused university with more than 15,000 students enrolled in a broad range of undergraduate and graduate programs, including several professional schools such as law, business, education, engineering and nursing.

RESIDENCE AVAILABLE

Yes.

MEAL PLAN AVAILABLE

Mandatory for students in residence.

BURSARIES, GRANTS, SCHOLARSHIPS

See uwindsor.ca/studentawards.

LIFELONG LEARNING

Workshops, seminars, certificates and more. See uwindsor.ca/continuingeducation.

STANDOUT PROGRAMS

Integrated engineering and law; arts and humanities; honours business administration; medical science.

FOR MORE INFORMATION

519-253-3000

Western University

London
welcome.uwo.ca

Located on one of Canada's most beautiful campuses, Western consistently ranks as one of Canada's top research universities. With over 400 undergraduate program choices, students can combine areas of study from various departments, schools and faculties. Numerous experiential learning opportunities, co-curricular activities, entrepreneurship and international options are also available.

RESIDENCE AVAILABLE

Yes.

MEAL PLAN AVAILABLE

Mandatory depending on the residence.

BURSARIES, GRANTS, SCHOLARSHIPS

See registrar.uwo.ca/student_finances/scholarships_awards.

LIFELONG LEARNING

Certificates, micro-credentials and post-degree diplomas. See wcs.uwo.ca.

STANDOUT PROGRAMS

Climate change major; creative arts and production; integrated science; School of Advanced Studies in Arts and Humanities; dual degrees with the Ivey Business School.

FOR MORE INFORMATION

519-661-2100; welcome@uwo.ca

Wilfrid Laurier University

Waterloo | Brantford | Milton | Kitchener | Toronto
wlu.ca

Wilfrid Laurier University prides itself on faculty who engage and inspire tomorrow's leaders in more than 100 academic programs across nine faculties and the federated Martin Luther University College. Laurier has a deep commitment to research and learning within a culture that supports and celebrates academic excellence.

RESIDENCE AVAILABLE

Waterloo and Brantford campuses.

MEAL PLAN AVAILABLE

Mandatory for students in residence. Options for commuter students.

BURSARIES, GRANTS, SCHOLARSHIPS

See students.wlu.ca/registration-and-finances/scholarships-and-bursaries.

LIFELONG LEARNING

Certificates, workshops and professional development. See continuingeducation.wlu.ca.

STANDOUT PROGRAMS

Bachelor of business administration; user experience design; psychology and neuroscience; music; water science and environmental health.

FOR MORE INFORMATION

519-884-0710; chooselaurier@wlu.ca

York University

Multiple locations
yorku.ca

Canada's third-largest university, York offers more than 200 programs across 11 faculties. It is also home to 25 research centres, the top-ranked Schulich School of Business, and Glendon College, a bilingual university campus. York is the only Canadian university to offer both undergraduate and graduate degrees in disaster and emergency management.

RESIDENCE AVAILABLE

At the Keele and Glendon campuses.

MEAL PLAN AVAILABLE

Mandatory in traditional residences.

BURSARIES, GRANTS, SCHOLARSHIPS

See sfs.yorku.ca/scholarships-awards-bursaries.

LIFELONG LEARNING

A range of certificate programs offered through the School of Continuing Studies. See continue.yorku.ca.

STANDOUT PROGRAMS

Environmental arts and justice; disaster and emergency management; global health; cross-campus capstone classroom (C4); dev degree (BSc).

FOR MORE INFORMATION

416-736-2100



DRIVEN DRIVEN BY AMBITION

Eunice K. Yeboah, Graduate



Policy Consultant, Anti-Racism, TTC

ADVOCATING FOR EQUITY

When you listen to your ambition, you can accomplish amazing things. Like advocating for equity. Eunice's aspirations brought her to Seneca and now she's TTC's Policy Consultant, Anti-Racism.

What's your ambition saying to you?

